

THE HAIMESIAN PROBLEM-SOLVING PROTOCOL v1.0

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SECTION I — CORE PROTOCOL

1. Identify the True Problem (Core Paradox Test)
2. Extract the Human Dilemma (Compassion Center)
3. Determine Ethical Direction (Ripple Effect Evaluation)
4. Align With Worthiness & Perfect-Being Reasoning
5. Apply the Principle of Purpose (Love Anchor)
6. Execute Lowest Harm / Highest Worthiness Action

SECTION II — SUB PROTOCOLS

A. Haimesian Forgiveness Ladder

1. Recognize the Wound
2. Name the Harm Truthfully
3. Separate Person from Action
4. Reclaim Dignity
5. Choose Release over Rot

B. 5-Point Clarity Test

1. Is this rooted in fear?
2. Does this align with love?
3. Is the harm minimized?
4. Is dignity preserved?
5. Does this make future growth easier?

C. Worthiness Triage

1. Identify ego inflation
2. Identify avoidance

3. Identify cowardice vs. courage

4. Identify humility requirements

5. Identify the worthy path

D. Dignity Equation

Dignity Outcome = (Compassion + Honesty + Purpose) – (Harm + Ego)

E. Paradox Resolution Grid

Columns: Fear / Love / Harm / Growth

Rows: Action / Inaction / Delay / Surrender

Choose the highest-growth, lowest-harm cell.

F. Harm-Minimization Compass

North: Reduce suffering

South: Reduce ego

East: Increase clarity

West: Increase compassion